

Anaesthetic specific maternity information access

There are many sources of anaesthetic maternity information nationally and locally. This leaflet explains where to find this information.

We recommend the following website for anaesthetic information relating to maternity care, written by the Obstetric Anaesthetists' Association - www.labourpains.org

It provides information on

- Pain relief and anaesthesia options in labour
- Caesarean birth advice and information
- Other useful resources to help expectant mothers prepare for birth and information about the potential side effects of pain relief for labour.

International translations are also available

- <https://www.labourpains.org/translated-information/overview>

There are also some additional information leaflets on our hospital website. These leaflets can be accessed via the Trust website <https://www.royalberkshire.nhs.uk/leaflets>, by clicking on the Search icon below then typing the titles;



- [Back problems in pregnancy and during labour](#)
- [Breast feeding and pain relief](#)
- [Pain relief after birth](#)
- [Remifentanil patient controlled analgesia \(PCA\)](#)

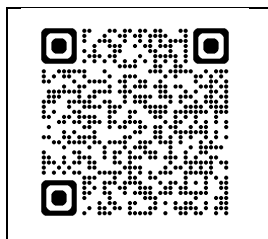
To find out more about our Trust visit www.royalberkshire.nhs.uk

Please ask if you need this information in another language or format.

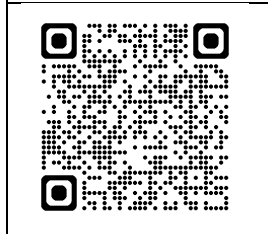
Dr G Jackson & Dr D Barker, Consultant Anaesthetists, February 2020

Reviewed: March 2026

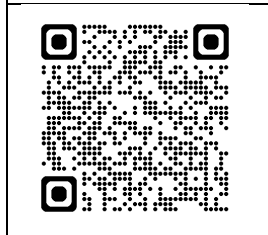
Next review due: March 2028



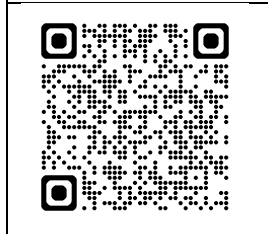
www.labourpains.org



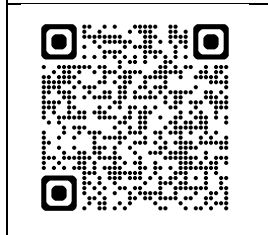
www.labourpains.org/translated-information/overview



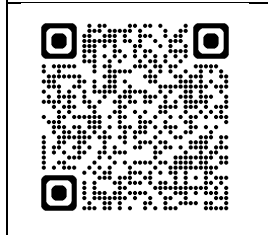
[Back problems in pregnancy and during labour](#)



[Breast feeding and pain relief](#)



[Pain relief after birth](#)



[Remifentanil patient controlled analgesia \(PCA\)](#)

Our Maternity Strategy and Vision

'Working together with women, birthing people and families to offer compassionate, supportive care and informed choice; striving for equity and excellence in our maternity service.'

You can read our maternity strategy here

