

# Information on taking Provera®

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**We want you to take Provera to produce a withdrawal bleed instead of waiting for your period. The other name for Provera is Medroxyprogesterone acetate.**

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## **What you need to do next**

- First you need to check that you are not pregnant. Buy and use a pregnancy test.
- If you have a negative result start 2 weeks of sexual abstinence. At the end of the 2 weeks repeat the urine pregnancy test. If negative, you can then commence the Provera tablets.
- If you like, you can get your Provera tablets later, when you know you aren't pregnant. You would need to come back to Outpatient Pharmacy in this hospital to get the Provera tablets.
- If the test shows you are pregnant, you don't need Provera, so ring us on **0118 322 7286**.
- Take 10mgs of Provera once a day for 7 days (unless we have given you different instructions).
- You will usually get a withdrawal bleed 2-4 days after finishing the Provera tablets. It might be lighter than your usual period, sometimes it is heavier. If you haven't had a withdrawal bleed by 2 weeks after finishing the Provera, ring us on the number above.

To find out more about our Trust visit [www.royalberkshire.nhs.uk](http://www.royalberkshire.nhs.uk)

**Please ask if you need this information in another language or format.**

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