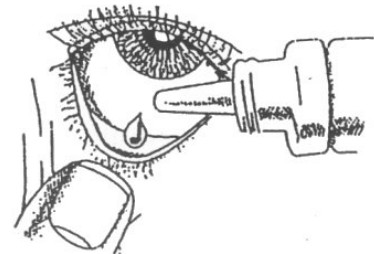


Using eye drops and general eye care advice

This leaflet gives advice on caring for your eye(s) after leaving the Emergency Department

- Only use eye drop medications when they have been prescribed for you
- Wash your hands
- Read the warning / information label and check the expiry date
- Tilt you head back and look up
- Gently pull down on the lower lid
- Squeeze one drop in the eye and blink



Using eye drops

- Do not worry if you accidentally get a few extra drops in your eye. This will not be harmful. You will not overdose your eye or cause damage.
- Try to avoid touching the tip of the bottle or tube to your eye to stop contamination.
- Store the medication in a cool, dry place after each use.

Using eye ointment

- If you are prescribed eye ointment squeeze this into the 'gutter' between your eye and the lower eyelid rather than directly onto the eye.
- If you need a second medication (eye drops), wait at least two minutes for the first medication to be absorbed by the eye before applying the next lot of drops.

Eye patches

- Do not remove an eye patch unless specifically advised to do so.
- Do not drive a vehicle or ride a bicycle while wearing an eye patch.
- Be particularly careful when using stairs.

Emergency Department
January 2020
Review due: January 2022