



Royal Berkshire
NHS Foundation Trust



About the Royal Berkshire Hospital Discharge Lounge

Facilities available while you
wait to leave hospital

Tel: 0118 322 3771 / 8144

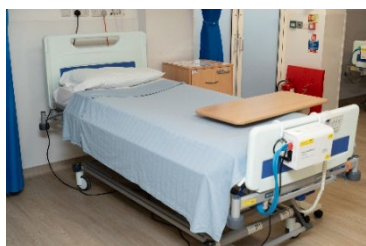
The Discharge Lounge is a comfortable, quiet area where you can relax while final arrangements are made for you to leave the hospital. Our aim is to make your wait pleasant and as stress-free as possible, with nursing staff on hand to support you and answer any questions you may have. Your care will continue while you wait with us and the nurses will monitor you and dispense any medication you need.

Comfortable seating and rest areas

We understand you may feel tired after your stay in hospital. That's why the Discharge Lounge offers comfortable recliner chairs, allowing you to sit back, stretch out and relax while you wait. These chairs are designed to support you and help you feel at ease.



Your wait time in the lounge will depend on what arrangements need to be made for you, but on average, most patients spend around 2 hours with us so it is important that you are comfortable.



For patients who need to lie down, beds are also available, ensuring you remain comfortable and safe at all times.

Refreshments available

To help you feel refreshed and relaxed, hot drinks are available from our coffee and beverage machines. You can enjoy tea, coffee or other hot or cold drinks during your stay in the lounge.

Sandwiches and hot meals are offered at lunchtime.

Please let staff know if you need any assistance.



Entertainment and relaxation

You can watch television to pass the time while you are waiting.

Our aim is to provide a calm, familiar environment as you prepare to go home.

Alternatively, you can sit away from the TV if you prefer to wait quietly and without distraction.



Friendly professional support at all times

Our Discharge Lounge staff are here to help you. If you feel unsure, worried, or need anything at all, please don't hesitate to ask. We are here to make sure your discharge experience is smooth, comfortable and reassuring.



Location, parking and patient pick-up

The Discharge Lounge is located on level 1 Battle Block, via Inpatient Therapies. We are open Monday to Friday, 7.30am-8pm (excluding bank holidays). Scan the QR code for more information.



For your convenience, free drop-off parking is available for patients being collected from the Discharge Lounge. This allows your family member, friend or carer to collect you without worrying about the parking charges during pick-up.

Your feedback matters to us

We would really appreciate it if you could take a few moments to share feedback about your stay in the Discharge Lounge. Information on how to leave feedback will be provided, or a member of staff can advise if needed.

RBFT Discharge Lounge, May 2026. Next review due: May 2028.