



# Paediatric Virtual Thyroid Clinic

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## What to expect at your / your child's virtual thyroid clinic appointment.

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### What does this clinic involve?

The Virtual Thyroid Clinic helps improve continuity of care for patients by ensuring blood test results for thyroid function are reviewed and treatment is regularly monitored without the need to attend hospital so often.

### How is this clinic 'virtual'?

You/your child do not need to attend hospital – the clinic is held via telephone calls made by a member of the paediatric endocrine team.

Blood test results are monitored by the clinical team and depending on the result, we will tell you over the telephone whether your/your child's medication dose needs to be adjusted.

### How often will these 'virtual follow-ups' be?

We will use the virtual clinic to review your/your child's blood test results and medication dosage with you once a year. You will still need to have an appointment face to face at the hospital between virtual clinic appointments so that you/your child can be measured and weighed to check on their developmental progress.

### If you have any questions about this clinic, please contact:

Katie Smith, Paediatric Endocrine Nurse on telephone number: 07900 662522.

E-mail: [Katie.smith@royalberkshire.nhs.uk](mailto:Katie.smith@royalberkshire.nhs.uk)

To find out more about our Trust visit [www.royalberkshire.nhs.uk](http://www.royalberkshire.nhs.uk)

**Please ask if you need this information in another language or format.**

RBFT Paediatric Virtual Thyroid Clinic, May 2026

Next review due: May 2028