

For more information you can download the Mum and Baby App. Search 'Royal Berkshire' in the 'Maternity units' section for information and links to the hospital website and Facebook page. Reading Maternity Voices support the Trust in improving our services. You can find out more on their website and Facebook group.



Mother & Baby app –
download
for Apple
or Android



www.facebook.com/Royal-Berkshire-RBFT-Maternity



www.twitter.com/RBFTmaternity



rbh_rbft_maternity



www.readingmaternityvoices.org.uk

This document can be made available in other languages and formats upon request.

Maternity Services, July 2020

Review due: July 2022

[Having your baby with a different NHS Trust \(i.e. your local hospital or birth centre\)](#)

Your community midwife can refer you to a Trust of your choice. This is done after your first appointment. That Trust will be responsible for organising your scans and hospital appointments. These appointments will take place at the hospital where you plan to give birth. Your routine blood tests will be done at your GP surgery or in hospital.

Royal Berkshire NHS Foundation Trust
London Road, Reading RG1 5AN
Telephone 0118 322 5111
www.royalberkshire.nhs.uk



Royal Berkshire
NHS Foundation Trust

Midwifery Services in West Berkshire

**To book your first appointment please
call 0118 322 8964 and selection Option 1**

Congratulations on your pregnancy!

In West Berkshire there are three teams of dedicated community midwives and maternity support workers from the Royal Berkshire Hospital NHS Foundation Trust:

Rose



Fuchsia



Jasmine



Your midwife appointments will be in a location near to your home, making it easy for you to access our services.

To book your first appointment please call 0118 322 8964 and selection Option 1

[Having your baby at the Royal Berkshire Hospital](#)

The Royal Berkshire Hospital has a Delivery Suite and a Midwifery Led Unit, called Rushey Ward. Birthing pools are available in both areas. There is concessionary parking for those in labour.



Delivery Suite room



Rushey Ward room

[Having your baby at home](#)

Our Homebirth Team offer a caseloading model of care. This means that you will get to know a small team of specialist homebirth midwives. If you are interested in learning more, please email rbft.homebirthteam@nhs.net. You can also find the team on Facebook (Royal Berkshire Maternity: Homebirth Team).



For those with specific concerns about birth, our Birth Reflections midwife and our Consultant Midwives can support you. Please ask your community midwife about this.

If you are planning on having your baby at the Royal Berkshire Hospital or at home, the following appointments can be held at the West Berkshire Community Hospital for your convenience:

- Ultrasound scans,
- Free NCT *Preparation for Birth and Beyond* antenatal course,
- Breastfeeding classes,
- Hospital appointments, including obstetric clinics and physiotherapy,
- Baby's hearing screening.

Your community midwife will do your blood tests at your routine appointments.

Additional support is available to those who have suffered the loss of a baby, and to families with specific health or social needs. Community midwives work closely with a local services including perinatal mental health workers and health visitors. Your community midwife will refer you to the appropriate services.

If English is not your first language, we provide antenatal classes in Polish, and in 'Easy English' with our BAME link workers. Translators are provided at appointments should you require this service.