



Welcome to Eye Day Unit

We are a specialist day unit for patients requiring planned and emergency ophthalmic (eye) surgery.

Our unit vision is to provide the highest quality care to all of our patients; working as a professional and innovative team in a calm and well-organised environment. We aim to make your stay on Eye Day Unit a positive experience.

Opening times

Eye Day Unit is open from 7.30am to 7pm (Monday - Friday). We run morning and afternoon theatre lists on this Unit. We ask all patients to arrive on the unit at 7.30am if they are on the morning list. Morning lists start at approximately 8.30am and finish at lunchtime. We ask all patients to arrive at midday for the afternoon list. This list will start at approximately 1.30pm and finish around 6pm.

Escorts

Unfortunately, we are not able to accommodate any other people in this area except patients and patient carers. Your relative, friend or partner may escort you up to Eye Day Unit and they will be contacted when you are ready to go home. Please **attend alone** unless you have a specific clinical/social need and require support by a family member or carer.

Eye Day Unit routine

When you arrive, a nurse will greet and admit you to the unit. We will confirm your details with you and take your blood pressure. If you are having cataract or retinal surgery, we will place eye drops in the eye being operated on. Your vision will become a little blurry in the dilated eye, but you should still be able to see well enough to sign your consent

form. You will also have the vision from your other eye to help you see. After seeing the nurse, you will see the surgeon and discuss your surgery. If you are happy to proceed, you will sign your consent form and see the anaesthetist. Once the surgeon has seen all the patients, he/she will decide the list order. Patients will be informed of the list order by the nurse.

Transport

If you are booking hospital transport, we kindly ask that you arrange your return journey for at least 4 hours after your arrival time.

After your operation

If your operation uses local anaesthetic, you will return to the Eye Day Unit after your operation. You will be offered something to drink and cared for by the nursing team. During this time, the nursing team will prepare your discharge paperwork and medications. The department will supply medications to take home. Please note, if we do not have stock of the required medication, there will be an extended wait while this is ordered and dispensed from pharmacy.

If your operation uses general anaesthetic and/or you are staying overnight, you will be transferred to Dorrell ward after your operation.

Mobile phones

You can use mobile phones on the unit. However, we request that they are kept in 'silent' mode, to avoid disturbing others. Phone **cameras should not be used** on the ward for breach of privacy reasons.

Free WiFi access is available on the RBFT_GUEST network.

Chaplaincy

The hospital chaplaincy team consists of members of many denominations to provide pastoral, spiritual and religious care for both patients and their families. Eye Day Unit staff will be pleased to contact them on your behalf if requested.

Please ask!

If you have any questions about your treatment, aftercare, medications or any other matters, please ask your doctor, nurse or therapist – we will be happy to help!

For example:

- Do I need a medical certificate for my employer?
- Do I need a follow-up appointment?
- Will I need to arrange to see my GP or practice nurse?
- If I have medicine to take home, what is it for, how and when do I take it, and are there any side effects?
- Is there any other aftercare advice I should know?
- Who do I contact if I need further advice or support?

Ophthalmology (eye) doctors' ward rounds usually start at 8am, if you stay in overnight. Please ask your ward nurse for more details.

Please use this space below to write down any questions you may have for your doctor, nurse or therapist:

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Personal belongings

We strongly recommend that you do not bring jewellery, valuables or large sums of money into hospital. If this is not possible then please hand them to the Eye Day Unit staff. The items will be locked in the hospital safe and you will be given a receipt for them. The Trust is not liable and does not take any responsibility for loss or damage to your personal property.

Patient Advice and Liaison Service (PALS)

PALS can provide patients, relatives and carers with 'on the spot' help, support and information. They can liaise with staff and managers to resolve any issues you may wish to raise concerning your stay or help if you feel you have any concerns. Details of the services can be found in the PALS leaflet, which is available throughout the hospital or contact the team directly on 0118 322 8338 or email: PALS@royalberkshire.nhs.uk.

Talk to us / Friends and Family Test

Our specialised team of staff are committed to delivering the best care to all our patients and their families. We would appreciate any feedback you feel able to give so that we can continue to improve the ward environment and our standards of care.

Whatever your experience, you can give feedback by completing the Friends & Family test by going online

www.royalberkshire.nhs.uk/patients-and-visitors/friends-and-family-test/, by using the link sent to you in an SMS text message or by completing the postcard provided. Please spare a few moments to fill this in.

Contact us

Eye Day Unit telephone number:	0118 322 7123
Dorrell Ward telephone number:	0118 322 7172 / 8101
Follow-up appointment queries:	0118 322 7169
Email the Clinical Admin Team (CAT 2):	rbb-tr.cat2@nhs.net

To find out more about our Trust visit www.royalberkshire.nhs.uk

Please ask if you need this information in another language or format.

Eye Day Unit, RBFT Ophthalmology, January 2026
Next review due: January 2028