



# Fibro Epithelial Polyp (FEP)

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**This leaflet has been designed to improve your understanding of your condition and explain any treatment, if necessary. If you have any other questions that the leaflet does not answer or would like further explanation, please ask.**

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## **What is an FEP?**

It is a firm, pink, painless swelling, usually appearing on the cheeks, lips and tongue. It affects all age groups.

## **How is it treated?**

Not all FEPs need to be removed. Treatment is only required if the polyp is being traumatised by biting or becomes visible.

If the FEP needs to be removed, this will be done under local anaesthetic (the area will be numbed).

## **Contacting us**

Oral & Maxillofacial Department, Tel: 0118 322 7139 or email: [rbb-tr.cat1@nhs.net](mailto:rbb-tr.cat1@nhs.net)

To find out more about our Trust visit [www.royalberkshire.nhs.uk](http://www.royalberkshire.nhs.uk)

**Please ask if you need this information in another language or format.**

RBFT Department of Oral & Maxillofacial Surgery, May 2026

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