

# Why have I been referred for a fetal medicine scan? Information for women and birthing people

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You have attended the Maternity Ultrasound today for a routine scan. This might have been a dating, a 'combined screening', 20 week 'anomaly' or a growth scan.

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## Explanation

The sonographer (ultrasound technician) has either not been able to check all the details required to be seen or has identified that there 'may' be a possibility of an abnormality with the pregnancy, for which we offer a scan review by a specialist fetal medicine doctor. We aim to offer this review within 72 hours of your scan today (not including weekends or bank holidays), however your scan date will be arranged by the consultant team who may feel that its best that your scan be later than this depending on your scan findings. We understand that this may be an anxious time for you and would like to offer you the opportunity to speak with one of the fetal medicine midwives. Please let the sonographer or Maternity Reception know if you would like to see a fetal medicine midwife before you leave today. It may be that they are not immediately available after your scan, but you can arrange to return to see them face to face or to have a telephone call. If this is the case, the sonographer will provide the fetal medicine team with your details. We aim to provide this support within one working day of you being informed of your referral to fetal medicine.

## Further questions

If you have any further questions and/or would like to speak with the fetal medicine midwives, then please call the team on **07768 752 563**.

## Further information

You may wish to refer to Antenatal Results and Choices (ARC) online at [www.arc-uk.org](http://www.arc-uk.org) or by

Helpline: 0207 713 7486

Email: [info@arc-uk.org](mailto:info@arc-uk.org)

Text: 07908 683004

To find out more about our Trust visit [www.royalberkshire.nhs.uk](http://www.royalberkshire.nhs.uk)

**Please ask if you need this information in another language or format.**

Fetal Medicine Lead MW, June 2023. Amended October 2024

Next review due: June 2025