NHS
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Your gynaecological ultrasound scan

Important information for women attending for a transvaginal ultrasound

This leaflet is for women having a transvaginal (internal) ultrasound scan in the Royal Berkshire Hospital. Please read it carefully before you attend.

Reminder:

- No children in the scan room
- No mobile phone use in the scan room
- A chaperone can be arranged upon request

Useful advice on the day of your scan

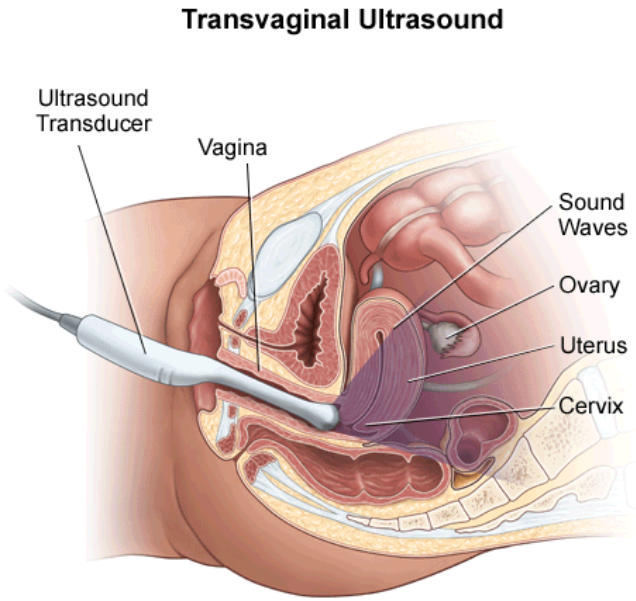
- You do not need to have a full bladder for a scan.
- This is an internal scan, so the probe (known as a 'transducer') will be inserted like a tampon.
- The scan will be carried out by either a consultant gynaecologist (doctor) or a sonographer (specialist ultrasound expert).
- If you are latex sensitive please tell the doctor or sonographer before they start.
- An ultrasound scan uses high frequency sound waves to create an image of your pelvis. There are no known documented risks associated with this test.

How is the scan carried out?

During the procedure, you will be asked to either lie on your back, or on your side with your knees drawn up towards your chest.

To perform the trans-vaginal ultrasound scan a sterile cover is placed on an ultrasound probe (not much wider than a finger).

This is then gently inserted into the vagina. The lights are then dimmed to allow the examiner to see the ultrasound monitor screen more clearly.



Internal examinations may cause a little discomfort, but shouldn't take very long – around 15 minutes.

Important information

- If you would like to be chaperoned during the ultrasound examination please speak to a member of staff in the department.
- One adult only is allowed to accompany you – we are sorry that no children are permitted inside the scan room so please make suitable childcare arrangements in advance.
- All phones, tablets and electronic devices must be turned off while you are in the ultrasound room.

If you have any concerns or questions please don’t hesitate to ask a member of staff.

After the ultrasound

If you have a gynaecology or fertility clinic appointment booked on the same day as your scan your report will be scanned on to your electronic patient record (EPR) for your consultant to review.

If you do not have another appointment today you can leave immediately and the result will be forwarded to your consultant; they will be in touch as required.

How to contact us

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Royal Berkshire Hospital
London Road
Reading RG1 5AN
Telephone: **0118 322 7279**

To find out more about our Trust visit www.royalberkshire.nhs.uk

Please ask if you need this information in another language or format.

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