



# Gastrosocopy with stent insertion aftercare advice

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Today you have had a gastrosocopy – an examination of your gullet and stomach with a stent inserted. You are unlikely to have any serious side effects but please be aware of the following information and advice.

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## What to expect after your procedure

- Your throat may feel slightly sore for a few hours.
- You may feel drowsy for several hours.
- You may feel a little bloated if some air used in the procedure has been left inside. These things will pass and there is no need for any medication.
- Please be aware that:
- You must **NOT** drive for 24 hours.
- You must **NOT** operate machinery, drink alcohol or sign any legal documents until the next day.
- Please refer to the diet sheet regarding eating and drinking advice.
- **Serious side effects from this procedure are very uncommon:** however, if you have any problems with:
  - A persistent sore throat
  - Worsening chest pain or
  - Abdominal pain

**Please contact your GP immediately**, informing them that you had a gastrosocopy and stent insertion.

## Contact information

Up to 7 days after your procedure, contact the Endoscopy Unit (Mon-Fri 9am – 5pm) on 0118 322 7458 / 7459. Out of hours and weekends, ring Sidmouth Ward on 0118 322 7467 / 7468.

To find out more about our Trust visit [www.royalberkshire.nhs.uk](http://www.royalberkshire.nhs.uk)

**Please ask if you need this information in another language or format.**



Endoscopy Unit Survey