

## Coming into hospital with Coronavirus (COVID-19)

COVID-19 is a new illness. People also call it Coronavirus.

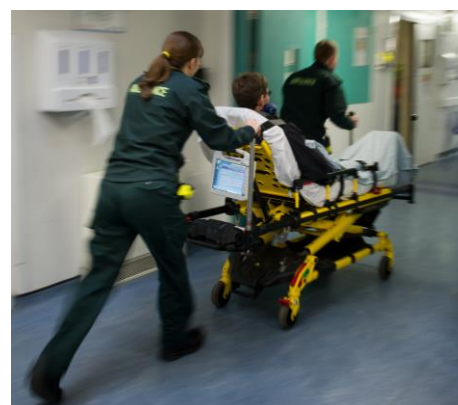
It is very easy to spread from person to person, which is why it is now causing sickness all over the world.

People with the virus have a fever (are very hot), cough a lot and have trouble breathing.



Some people get very ill with the virus and need to go into hospital to help them to breathe.

This means that the hospital is very busy and lots of doctors and nurses are working hard to keep everyone safe.



This leaflet will tell you what may happen if you are ill with the virus and need to go into hospital.



When you are on the ward, everyone will be wearing masks covering their mouths and noses, as well as aprons and gloves when they help you.



In some parts of the hospital, the doctors and nurses will also wear long gowns and even a see-through helmet covering their face, as well as the gloves and the face mask.



It may look very scary but everything that happens while you are in hospital is to try to keep you, and everyone around you, safe.

The doctors and nurses will check on you a lot and will test your temperature and whether you are getting enough oxygen to breathe.

If you are finding it hard to breathe, you will have a mask over your nose and mouth to give you extra oxygen.

You will probably also have something called a cannula put in your hand or arm. This is a plastic tube that will help you get the medicine, fluids and tests you need.



Because the virus is so catching, your friends, relatives and carers can't come and visit you.

This is to keep them safe and to stop the virus spreading to more people.



## Admission with COVID-19 – Easy Read

There will be hand gel near your bed to rub into your hands.

You must always wash your hands with soap and water after you have been to the toilet.



You can still call your friends, relatives and carers on the phone or you can FaceTime or WhatsApp them on your mobile or tablet.

The nurses can help you with this if you need help.



The Learning Disability Liaison Nurses, Jane and Catherine, are there to help you and your family or carers. Ask the ward staff if you want to speak to them.

Telephone: 0118 322 8159

Email:

[learningdisabilityreferral@royalberkshire.nhs.uk](mailto:learningdisabilityreferral@royalberkshire.nhs.uk)



More information for people with learning disabilities and their carers can be found on the Trust website at:  
[www.royalberkshire.nhs.uk](http://www.royalberkshire.nhs.uk)

