



Minor oral surgery

You have been given an appointment to have minor oral surgery under local anaesthetic. This leaflet has been designed to improve your understanding of the surgery and contains answers to many of the commonly asked questions. If you have any other questions that the leaflet does not answer or would like further explanation please ask.

Having surgery under local anaesthetic means you will be awake and will have an injection to numb the affected area, similar to going to the dentist.

The length of the procedure varies depending on what type of surgery you are having.

Before your appointment

We recommend that you eat, drink and take any regular medication as normal before coming in for your appointment **unless we, or your GP, tell you otherwise.**

Please bring a list of your current medication with you on the day. If you are on blood thinners, please discuss with clinician prior the surgery.

Some people who have local anaesthetic on an empty stomach feel faint. Having something to eat beforehand will help you to avoid this sensation.

It is not necessary that you have somebody to accompany you to your appointment but we do recommend it. You or the person accompanying you will have to arrange for suitable transport home afterwards.

Any pre-operative tests will have been discussed with you at your consultation appointment.

Steroid cover	30 minutes before appointment	Yes / No*
Blood test	1 hour before appointment	Yes / No*
Blood test	2 hours before appointment	Yes / No*
Antibiotic cover	1 hour before appointment	Yes / No*

**delete as appropriate*

If you are asked to attend for a blood test before your appointment, please pick up the relevant form from the Oral and Maxillofacial Department

After your surgery

- Instructions on how to care for your wound will be given following your procedure.
- It is common to experience pain and swelling after surgery. We recommend you have a supply of paracetamol or ibuprofen at home and follow the dosage as instructed on the packaging.
- We recommend you rest for the remainder of the day following your surgery.

- If you have any concerns or questions following your procedure, please telephone the Oral and Maxillofacial Department on 0118 322 8978 / 7139 or email: rbb-tr.cat1@nhs.net
- You will receive a text reminder regarding your appointment and you will be able to cancel via text if required.
- If you are unable to make your appointment or you have any concerns, please let the department know as soon as possible so that we can offer the appointment to someone else. Telephone: 0118 322 8978 / 7139.
- Your appointment is a designated surgery slot. If you are late for your appointment, we may need to re-appoint you.
- If you cancel your appointment more than once, we may not be able to re-appoint you and may have to refer you back to your GP or dentist for a review.
- If you fail to attend your surgery appointment, you will be discharged back to your GP or dentist and will need to be referred again.

Contacting us

Oral & Maxillofacial Department, Tel: 0118 322 7139 or email: rbb-tr.cat1@nhs.net

To find out more about our Trust visit www.royalberkshire.nhs.uk

Please ask if you need this information in another language or format.

RBFT Department of Oral & Maxillofacial Surgery, July 2026

Next review due: July 2028