



# Having hearing aids fitted in the Audiology Department

This is a social story for adults with learning disabilities coming to the Audiology Department to trial hearing aids.



I have an appointment to get my new hearing aid(s) fitted.



My appointment will be at the **Audiology Department** at the hospital.



On the day of my appointment I will **travel** to the hospital.

\_\_\_\_\_ will come with me.



We will go to the Audiology **front desk** to let them know we have arrived.



We will then sit in the **waiting room**.  
There may be other people waiting.



When it is time for my appointment the audiologist will come to the waiting room and say my name.  
The **audiologist** is the person who will set up my new hearing aids.  
They will tell me their name and show me to the room where I will have my appointment. We may need to walk to another building.



The audiologist will ask to **look in my ears**. They will use a special torch, called an otoscope.  
It might tickle a bit but I will try to sit as still as I can, so the audiologist can see my ears clearly.



The audiologist will adjust the hearing aid(s) to the size of my ears to make sure they fit comfortably.  
If I am having ear moulds, these will be attached to my hearing aids.



The hearing aid(s) might feel strange if I am not used to wearing something in my ear.

This is ok, the hearing aids should feel more comfortable once I have worn them for some time.



I should **tell the audiologist** if the hearing aid or ear mould give me **pain**.



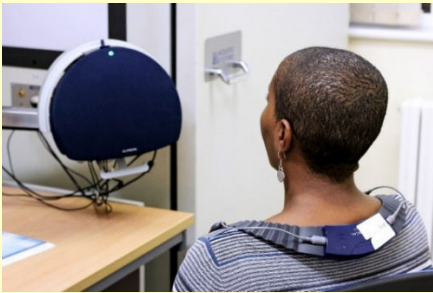
The audiologist will use their computer to adjust the hearing aid sound and make sure it is right for me.

They might need to do some measurements in my ears.



For the measurement, the audiologist will put a small soft tube in my ear, with the hearing aid.

It might tickle a bit but I will try to sit as still as I can, so that the measurement works.



I will need to face a speaker. There may be a green light for me to look at. I will hear different sounds; some of them might sound strange. I need to stay as still as I can and try not to make any noise.



Some of the sounds might be loud; the audiologist will warn me if there is going to be a loud sound. I should tell the audiologist if I find any of the sounds uncomfortable or want to stop.



Once the measurements are finished the audiologist will take the soft tube out of my ear. They will have a look in my ear and put the hearing aid(s) back in.



I will have a chat with the audiologist about things I like, while wearing my new hearing aid(s). The audiologist might make different sounds to see how I feel about them. I can help the audiologist by telling them how I feel about the sound.



The audiologist might ask for my help with some listening tasks.



The audiologist will explain to me and \_\_\_\_\_ how to use the hearing aid(s), and how to look after them.



I can ask the audiologist any questions I have about the hearing aid(s).

If I don't understand something I can ask them to explain it in a different way.



My new hearing aid(s) might sound strange.

Things will sound louder and my own voice might sound different to me.

This is normal; my ears need time to get used to the changes.

The more I wear my hearing aid(s) the more comfortable they will sound.

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**Please ask if you need this information in another language or format.**

Lisa Jackson, RBFT Senior Clinical Scientist, March 2024

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