



Royal Berkshire
NHS Foundation Trust

Self-administering intravesical gentamicin: step by step instructions

Information for patients,
relatives and carers

These instructions are a reminder of how to administer your intravesical gentamicin, following your 1-hour teaching session.

Instructions

1. **Wash your hands**, put on your gloves and prepare everything by having the equipment open and ready on a clean area.



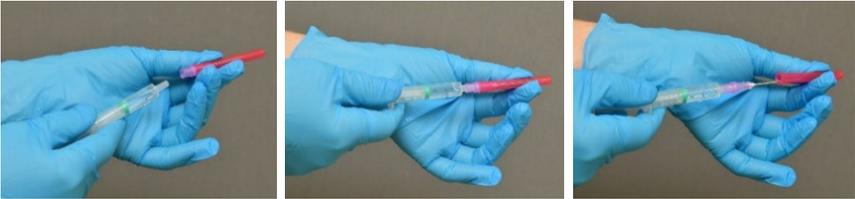
2. Screw the blunt fill needle with filter onto the syringe.



- Using a tissue (optional), break open the 80mg vial of gentamicin at the snap point and draw up all of the solution into the syringe.



- Twist off the used blunt fill needle with filter on your syringe and screw on a new needle.



- Inject the gentamicin into the uro-tainer through the port (as shown below) and close the clasp. Remove the uro-tainer cover.



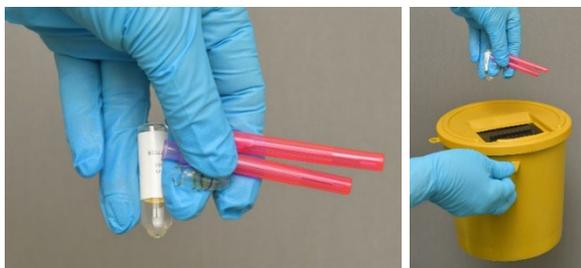
- Insert catheter into your bladder and drain off any urine. Connect the uro-tainer to your inserted catheter.



7. Undo the clasp and administer the contents into your bladder by holding the bag in an upwards position, then fold down until all the fluid is inserted.
8. Close the clasp and remove catheter and attached uro-tainer. Dispose of in the normal waste.



9. Place all used sharps (gentamicin vial and fill needles) into the sharps bin. Used rubber gloves and syringe plastic parts can go in the normal waste.



For further information about your intravesical gentamicin, visit www.royalberkshire.nhs.uk/leaflets/intravesical-gentamicin-treatment-for-urinary-tract-infections-utis

To find out more about our Trust visit www.royalberkshire.nhs.uk

Please ask if you need this information in another language or format.