



Royal Berkshire
NHS Foundation Trust

Introduction to the Breast Multidisciplinary Team (MDT)

Compassionate

Aspirational

Resourceful

Excellent

This leaflet provides you and your family or friends with information about the multi disciplinary team (MDT) involved in your care at the Royal Berkshire Hospital. There are also some useful telephone numbers and website addresses which you may find helpful.

The Multi Disciplinary Team

It is the policy of the MDT that all patients with a new diagnosis of breast cancer (irrespective of age and stage of the disease) will be discussed at a multi-disciplinary team meeting (MDTM) at the earliest opportunity. At this meeting the team will discuss individual treatment plans and follow-up arrangements to ensure that every patient with cancer receives the best possible care. These meetings will also be an opportunity to discuss difficult cases at any stage during treatment if necessary. The meetings take place weekly.

Who are the breast cancer MDT?

- **Designated lead clinician (chair)** who will take overall responsibility for the service.
- **Designated Breast cancer surgeon(s).**
- **Oncologist** with expertise in radiotherapy and chemotherapy.
- **Radiologist** with expertise in looking at tumour sites on an x-ray or scan.
- **Histopathologist** with expertise in looking at the cells of tumour sites from biopsies.
- **Clinical Nurse Specialist (Key Worker)** who will provide information and support for patients.
- **MDT Co-ordinator.**
- **Nurse Practitioners.**

- **Trials Nurse** will provide information to the team on any new trials.
- **Screening Nurse.**
- **Surgical and oncology registrars and junior doctors.**

Useful numbers

Breast Nurse Specialists: 0118 322 7420

Fiona Ellison Vanesa Lobo Sarah Cleaver

Maxine Halford Daniela Costescu

Anna Shinhmar & Paulina Williams (Macmillan Cancer Support Workers)

Adelaide Ward 0118 322 7471

Hopkins Ward 0118 322 7771

Adult Day Surgery Unit (ADSU) 0118 322 7622

Surgical Assessment Unit 0118 322 7541 or 7542

Consultant Surgeons: 0118 322 6890

Mr Smith (Oncoplastic surgeon)

Miss Dunne (Oncoplastic surgeon)

Mr Cuffolo (Oncoplastic surgeon)

Consultant Oncologists:

Dr J Adams 0118 322 5362

Dr R Brown 0118 322 5362

Dr M Bhattacharyya 0118 322 6911

Berkshire Cancer Centre 0118 322 7888 (9am–5pm)

King Edward Ward (Chemo) 0118 322 7464 (8.30am-5pm)

Chaplains (multi-faith) 0118 322 7105

Patient Advice and Liaison Service 0118 322 8338

Support groups

Macmillan Cancer Support

Freephone 0808 808 00 00 www.macmillan.org.uk

Provides information, emotional support and practical advice by telephone or letter. Also provides information in other languages.

Breast Cancer Now

0808 800 6000 <https://breastcancer.org/>

Provides free information and emotional support for cancer patients.

Additional referrals

If you need a referral to any of the following services this can be arranged through either the consultant or the clinical nurse specialist.

- Counsellor
- Physiotherapist
- Macmillan Nurse
- Lymphoedema Specialist

To find out more about our Trust visit www.royalberkshire.nhs.uk

Please ask if you need this information in another language or format.

RBFT Breast Unit / Berkshire Cancer Centre

Reviewed: March 2022

Next review due: March 2024