



Royal Berkshire
NHS Foundation Trust

Information for patients on the oral and maxillofacial surgery waiting list

As explained to you at your appointment, your name has been added to the waiting list for admission to hospital. This leaflet includes important information for you about the waiting list.

Your admission date

When a date for your admission is arranged, we will contact you by letter. You will receive this letter 4-6 weeks after your initial appointment.

Pre-operative check

You will be asked to attend the hospital for a pre-operative check. This appointment is usually 2-4 weeks before the admission date for surgery. We will send you details about this appointment with your admission date. **If you fail to attend your pre-operative check, your operation will be cancelled.**

- Bring a list of current medication with you, including any over-the-counter medicines.
- The pre-operative check appointment will take about 45 minutes.
- You may need further investigations/tests after the pre-operative check appointment, e.g. blood test, ECG (heart trace).

Things to consider before your operation

- You need a responsible adult to take you home by car or taxi and to stay with you for 24 to 48 hours after surgery.
- You need to live within an hour's drive from the hospital.
- You need to stop taking HRT (hormone replacement therapy) or the combined oral contraceptive pill 4 weeks before surgery (please see your GP or family planning clinic for more information).
- You will need to fast before surgery. Details will be given at your pre-operative check.

When to contact the waiting list office

Please contact the waiting list office immediately if any of the following apply:

- There is any change in your home address, telephone number or GP.
- The date of the pre-operative check needs to be changed.
- There are any dates when it is impossible for you to be admitted, e.g. holidays, business commitments.
- If you wish your name to be removed from the waiting list.

Telephone: 0118 322 7139

Monday-Friday, 9.00am-5.00pm

In any communication to the hospital please give the following details:

- Your name
- Your hospital number or your NHS number.

Cancelling your admission date

Patients on the waiting list are offered a limited number of dates to be admitted for their operation. If you cancel two admission dates in succession, you will be referred back to your GP or dentist.

Concerns about your admission or your medical condition

If you are worried about your admission or your medical condition, please contact your own GP.

To contact us

Oral & Maxillofacial Department Clinical Admin Team

Tel: 0118 322 7139 or email: rbb-tr.cat1@nhs.net

To find out more about our Trust visit www.royalberkshire.nhs.uk

Please ask if you need this information in another language or format.

RBFT Department of Oral & Maxillofacial Surgery

Reviewed: June 2026. Next review due: June 2028.