



Royal Berkshire
NHS Foundation Trust

Your bisphosphonate treatment plan

Patient Record

Your name:

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You are about to start a course of bisphosphonates. This record will help you to remember your appointments.

Your treatment

Bisphosphonates are bone-strengthening treatments and can also be used to prevent bone disease. They can be an intravenous infusion (zometa) that is given every 3 or 4 weeks, 3 months or 6 months. Your doctor will let you know how often. It can also be a monthly injection in your arm (denosumab).

You will need to have a blood test within the 7 days prior to treatment for routine monitoring.

It is important that you have a dental check-up and schedule any dental work prior to starting treatment and every 6 months during treatment. You will also need to see your consultant's team for regular clinic reviews to monitor your progress.

Your treatment plan

Treatment	Type	Date
1		
2		
3		

Treatment	Type	Date
4		
5		
6		
7		
8		
9		
10		
11		
12		

Treatment	Type	Date
13		
14		
15		

Contact us

- King Edward Ward, Royal Berkshire Hospital,
Tel: 0118 322 7464
- Chemotherapy 1, Bracknell Clinic, Tel: 01344 662904
- Berkshire Cancer Centre Clinic Appointments,
Tel: 0118 322 7888

To find out more about our Trust visit www.royalberkshire.nhs.uk

Please ask if you need this information in another language or format.

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