

## Consultant neurologist



Dr Marko Bogdanovic  
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## Consultant in elderly care



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## Consultant clinics

- Dr Bogdanovic runs clinics in Townlands, and RBH and Wokingham.
- Dr Chatterjee runs clinics in Townlands. The MDT movement disorder clinic runs in Battle Block Outpatients level 1.
- Dr Armstrong runs clinics in RBH and Bracknell.
- Dr Khan runs clinics in RBH and WBCH.

If, for exceptional reasons, you are not able to come to any of the available clinic times, please liaise with the appropriate Parkinson's nurse.

It is possible to make appointments for telephone consultations, Monday to Friday, with a Parkinson's Clinical Nurse Specialist. A specific time will be allocated when she will phone you to discuss your concerns.

To arrange this, please leave a message on the appropriate Parkinson's nurse's contact number.

**Any problems that require prompt attention, please contact your GP.**

**PCNS service is weekday only.**

If you need to discuss an issue relevant to your Parkinson's please contact the PUK helpline 0808 800 0303. Contactable via the Hub on Telephone 0844 4060979.

**Out of hours, or in the event of an emergency, please contact your GP.**

Neurology Department  
Royal Berkshire NHS Foundation Trust  
London Road, Reading RG1 5AN  
Telephone 0118 322 5111 (Switchboard)  
Clinical Admin Team for Neurology (CAT 10) Tel: 0118 322 5474 or  
Email: rbb-tr.CAT10@nhs.net

To find out more about our Trust visit  
[www.royalberkshire.nhs.uk](http://www.royalberkshire.nhs.uk)

**Please ask if you need this information in another language or format.**

RBFT Neurology (C James), Dec 2025  
Next review due: Dec 2027



**NHS**  
Royal Berkshire  
NHS Foundation Trust

# How to access your local Parkinson's Nurse Service

## Information for patients in Berkshire West

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## This leaflet explains how to access your local Parkinson's nurse specialist (CNS) in the Berkshire West area as well as providing other useful local contacts.

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### Hello

You have been diagnosed with Parkinson's and have been referred to the Clinical Nurse Specialist (CNS) Team. The CNSs work closely with your consultant and are your point of contact for any support you may need. A named nurse will be allocated to you, according to where you live.

We will also send you a 'Newly diagnosed pack', this provides general information about Parkinson's, including advice on driving.

### Medical / peer support

Please contact your CNS in between appointment times if you need questions about your condition answered or on-going support.

You can also contact your local Parkinson's group for advice and support. Local advisers from Parkinson's UK (PUK) may also be able to help in your specific area too.

### Parkinson's umbrella contacts

- Carrie James, **Nurse Consultant for Neurology and Parkinson's Specialist Nurses Reading, Henley, Caversham** areas, also covering **RBH**. Tel: **0118 322 5474**. Clinics at RBH and Townlands.
- Helen Avery, **CNS for Parkinsons, Wokingham** area. Tel: **07775 418 682** (answerphone Mon-Fri). Clinic in Wokingham.
- Sara Drake, **CNS for Parkinson's, Newbury / Hungerford** area. Tel: **07827 897 294** (answerphone Wed-Fri). Clinic at West Berkshire Community Hospital.
- Adie Shelton **CNS for Parkinsons, West Reading / Newbury** Clinics at Royal Berkshire Hospital and West Berkshire Community Hospital. Tel: 0118 3225474. Email: [adie.shelton@royalberkshire.nhs.uk](mailto:adie.shelton@royalberkshire.nhs.uk)
- Administration team – Marisa Silva **Neurology Administrator**. Contactable for non-clinical administration / appointment queries on 0118 322 5474.
- Sarah Mindham, **Neuro Physiotherapist**. Tel: **0118 322 8545**.

**Please note: The Parkinson's CNS service is for non-urgent queries weekday only.**

If you need to discuss an issue relevant to your Parkinson's please contact the PUK helpline 0808 800 0303.

Out of hours, or in the event of an emergency please contact your GP or 111.

### Your local Parkinson's groups

- Henley 07766 666551
- Newbury 07413 605937
- Reading [secretary@parkinsonsreading.org.uk](mailto:secretary@parkinsonsreading.org.uk)
- Bracknell [secretary@bracknellparkinsons.org](mailto:secretary@bracknellparkinsons.org)
- Ben Hunt, Berkshire Working Age Group [wapdberkshire@gmail.com](mailto:wapdberkshire@gmail.com)
- Parkinson's UK information and resources 0330 124 3250 [resources@parkinsons.org.uk](mailto:resources@parkinsons.org.uk)

### Support for carers

- Reading & West Berkshire Care Partnership  
Web: <https://carerspartnership.org.uk/>  
Four local charities, offering support to those who provide care to a child or adult family member, partner or friend.
- Parkinsons UK Helpline (PUK)  
0808 8000303 for general advice.  
<https://www.parkinsons.org.uk/>  
PUK can also put you in touch with a local adviser.