



Home Video Telemetry (HVT) camera instructions

Setting up

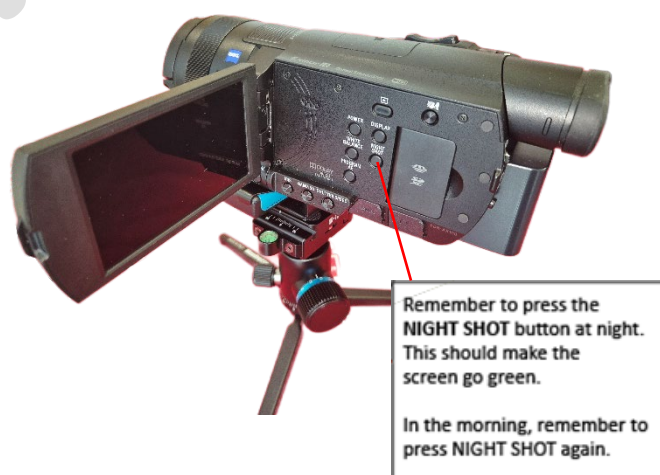
When you get home, take the camera out of the suitcase and decide on a suitable place to set it up. This should be in the room where you are likely to spend the most time.



Once you have started the recording – **KEEP THE VIDEO ON** – even if you are not always in view of the camera. This will help to keep the video and the EEG recording synchronised. The video will carry on recording if the screen flap is open. You can also keep the video recording by turning the flap so when you close it, you can still see the image recorded on the screen. If you close the flap without turning it first, it will stop the recording and you will need to press the record button again when you re-open the flap. When the video is recording, you should be able to see the word **REC** in red in the top right corner of the screen.

At bedtime

- Place the camera at the foot of the bed; ideally in a position higher than the bed so that we can see your whole body as if looking down on the bed. It is also helpful to use thin blankets so that we can see any movements that you may make under the covers.
- Press **NIGHTSHOT** as instructed by the physiologist.
- In the morning, press NIGHTSHOT again to turn the nighttime mode off.



Contacting us

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To find out more about our Trust visit www.royalberkshire.nhs.uk

Please ask if you need this information in another language or format.

RBFT Clinical Neurophysiology Department, July 2025

Next review due: July 2027