Royal Berkshire
NHS Foundation Trust

Your Trastuzumab treatment plan

Patient Diary

Your name: _____

NHS number: _____

- King Edward Ward (KEW), RBH Tel: 0118 322 7464
- Chemotherapy 1, Bracknell Tel: 01344 662904
- The Rosemary Centre, WBCH Tel: 01635 273659
- Cardiology Outpatients Tel: 0118 322 6573
- Berkshire Cancer Centre Clinic Appointments Tel: 0118 322 7888

You are about to commence a course of Trastuzumab; this leaflet is to help you book important appointments in a timely fashion for your convenience.

Your treatment

Trastuzumab is a targeted therapy that you will get every three weeks for a minimum of 18 treatments. Please read the Macmillan leaflet for more details about trastuzumab.

It can be given as an intravenous infusion or a subcutaneous injection in your thigh. **Your doctor will discuss which treatment best suits you.**

Prior to starting trastuzumab you will have a baseline echocardiogram done (ECHO). While on trastuzumab you will need to have an ECHO done every 12 weeks. Please book your next appointment before you leave cardiology

The ECHO result and a recent blood result will be reviewed before proceeding on to more trastuzumab – blood tests should also be carried out every 12 weeks.

Your treatment plan

Week	Treatment	Date
Wk 1	**Trastuzumab 1:** This will be a 4-hour appointment (intravenous infusion) or a 1-hour appointment (subcutaneous injection). You need to book your next ECHO and clinic appointment.	
Wk 2		
Wk 3		

Week	Treatment	Date
Wk 4	**Trastuzumab 2:** This will be a 1-hour appointment (intravenous infusion) or a 30-minute appointment (subcutaneous injection).	
Wk 5		
Wk 6		
Wk 7	**Trastuzumab 3:** This will be a 1-hour appointment (intravenous infusion) or a 30-minute appointment (subcutaneous injection).	
Wk 8		
Wk 9		
Wk 10	**Trastuzumab 4 + blood test.** This will be a 30-minute appointment (intravenous infusion / subcutaneous injection).	
Wk 11	ECHO	
Wk 12		
Wk 13	**Trastuzumab 5**	
Wk 14		
Wk 15		
Wk 16	**Trastuzumab 6**	
Wk 17		
Wk 18		
Wk 19	**Trastuzumab 7**	
Wk 20		
Wk 21		
Wk 22	**Trastuzumab 8 + blood test**	
Wk 23	ECHO	
Wk 24		
Wk 25	**Trastuzumab 9**	
Wk 26		

Week	Treatment	Date
Wk 27		
Wk 28	**Trastuzumab 10**	
Wk 29		
Wk 30		
Wk 31	**Trastuzumab 11**	
Wk 32		
Wk 33		
Wk 34	**Trastuzumab 12 + blood test**	
Wk 35	ECHO	
Wk 36		
Wk 37	**Trastuzumab 13**	
Wk 38		
Wk 39		
Wk 40	**Trastuzumab 14**	
Wk 41		
Wk 42		
Wk 43	**Trastuzumab 15**	
Wk 44		
Wk 45		
Wk 46	**Trastuzumab 16 + blood test**	
Wk 47	ECHO	
Wk 48		
Wk 49	**Trastuzumab 17**	
Wk 50		
Wk 51		
Wk 52	**Trastuzumab 18**	