



Keeping Clean

Games and videos for kids

- Games that can be played in person
- Science game on personal hygiene
- Video on teeth brushing:
- Sesame street: healthy teeth
- How do germs spread?
- Personal hygiene for kids
- Wash your hands for children



Additional resources for teachers

- Twinkl 'Personal Hygiene' Teaching Resources
- <u>Food Hygiene Worksheets</u> Teaching kids about good food hygiene practices is essential for ensuring that these practices become habit as they get older. There are numerous aspects of food hygiene that they need to know: personal hygiene; common food hazards; and proper food preparation, cooking, and storage methods.
- Health and Hygiene Activities