

# Diabetic retinopathy and vaginal delivery

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**This statement from the Royal Berkshire NHS Foundation Trust's Department of Ophthalmology relates to diabetic retinopathy and normal vaginal delivery.**

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## Diabetic retinopathy and vaginal delivery

1. Women with proliferative (advanced) diabetic retinopathy do not need to avoid vaginal delivery if they have had a laser treatment. Pregnant women with newly diagnosed diabetic retinopathy should discuss plans for their birth with the consultant ophthalmologist in charge of their care.

Further information is available on the NHS website  
<https://www.nhs.uk/conditions/diabetic-retinopathy/>

To find out more about our Trust visit [www.royalberkshire.nhs.uk](http://www.royalberkshire.nhs.uk)

Please ask if you need this information in another language or format.

Miss Sarah-Lucie Watson, Consultant Ophthalmologist

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