

Operating your hearing aid

Please note the exact position of hearing aid controls will vary between models, if you are unsure where to find any of the controls mentioned please consult your hearing aid instruction booklet.

On/off

The hearing aid is switched on when the battery door is closed.

To turn your hearing aid off, open the battery door.

The hearing aid will start up on its default program and volume level, if you make changes to the programs or volume these will reset when you restart the aid.

Additional controls

Your hearing aid may have one or two buttons: one to control listening programs and another to adjust the volume.

If you opted to keep things simple at your fitting appointment, your hearing aid may have been set to fully automatic mode, which does not require you to press any buttons.

If you are unsure which programs have been enabled on your device, please consult your hearing aid instruction booklet or audiologist.

Program button: If activated a light tap will change the hearing aid from one program to another. The number of beeps tells you which program you are on.

You can have up to four programs activated on your hearing aid to optimise listening in different situations. There are various program options available, including:

Directional and noise-reducing program: Sometimes known as the 'Restaurant' or 'Party' program, this setting is designed to help you hear better in the presence of background noise. It does this by emphasising the sounds/voices coming from in front of you and reducing sounds from behind.

Telecoil loop system: This setting can be used in public buildings such as banks, theatres and churches, where there is a loop system available, or when using a loop telephones. For more information, see page 18.

Music program: This program is intended to make music heard via hearing aids sound more natural as it does not prioritise speech sounds like other programs.

Traffic program: This helps to cut out the low-pitched engine and road noise when driving.



Did you know: If you are wearing hearing aids in a noisy situation and are struggling to hear speech, it is **best to sit with your back to the room/noise**, facing the person you want to hear. This helps the hearing aid identify what is background noise and reduce it accordingly.

Volume control: a push up or down, or scrolling of a wheel enables the sound to be made louder or quieter.

Depending on your hearing aid, the volume may need to be adjusted separately for each hearing instrument, or your aids may be synchronised so that only one aid needs to be adjusted.

