

## Having an abdomen / pelvis ultrasound

### Introduction

- You must have nothing to eat (including milk) for 4 hours before the appointment, but you may still drink water.
- You must drink 1 litre (2 pints) of water 1 hour before the scan.
- You must not empty your bladder.
- Continue to take any prescribed medication as normal.

A health care assistant will greet you in the ultrasound area and may be present during your examination. The scan is conducted by either a radiologist (specialist X-ray doctor) or sonographer (specialist ultrasound technician).

No childcare facilities are available while you have your scan.

If you would like to be chaperoned during the ultrasound examination, please speak to a member of staff in the ultrasound department and a same sex member of staff will be provided.

### What is an ultrasound?

An ultrasound scan uses high frequency sound waves to create an image of your abdomen and pelvis. To date, there are no known documented risks associated with this test.

### What happens during the abdomen / pelvis ultrasound?

An ultrasound machine uses sound waves to produce pictures of the body. Warm gel is placed on an ultrasound probe, which is then moved over the skin of the area to be examined. The lights are dimmed to allow the examiner to see the ultrasound screen more clearly. Most examinations last between 10 and 15 minutes.

### After the ultrasound

You can leave immediately following the scan.

### Results

A report of your examination will be sent to your referring doctor; if this is a hospital specialist, then the specialist will contact your GP with the report.

Further information

[www.nhs.uk/conditions/Ultrasound-scan/Pages/Introduction.aspx](http://www.nhs.uk/conditions/Ultrasound-scan/Pages/Introduction.aspx)

More information is available on the Trust website: [www.royalberkshire.nhs.uk](http://www.royalberkshire.nhs.uk)

This document can be made available in other languages and formats upon request.

Radiology Department, March 2017

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