NEW YORK HEART ASSOCIATION CLASSIFICATION OF HEART FAILURE SYMPTOMS

Class I: Asymptomatic
No limitations of ordinary physical activity. Ordinary activity does not cause undue fatigue, dyspnoea, palpitation or angina.

Class II: Mild
Comfortable at rest. Slight or moderate limitation of physical activity. Ordinary physical activity results in symptoms.

Class III: Moderate
Although comfortable at rest, marked limitation of physical activity with less than ordinary activity causing symptoms.

Class IV: Severe
Symptoms at rest. Inability to carry on any physical activity without discomfort, symptoms or cardiac insufficiency.

Severity applies to the symptoms not necessarily to prognosis.

Less than ordinary physical activity is defined as climbing one flight of stairs or walking 200 yards.